

## Dance with wooden spoons

Dance with wooden spoons is a female dance, which in Badakhshan province is known as a *čeb bazai* or *čeb raqqosi* and is performed by men. This dance is performed under the frame drum accompaniment or other musical instruments and the wooden spoon here are used as accessory to make click sound but not melody. The performer in this dance uses wooden spoons holding them between his fingers in his two hands and makes motions in accordance with the music rhythm played. It is danced in speed and is festive dance including multiple elements of a regular traditional dance such as whirl hand movements.

Since the wooden spoons are part of the household tools during the dance performers can mimic different things that can be achieved with the spoon.

This dance has greatly developed in the 20th century and become iconic for some of the dance groups like «Lola», «Gulrez» and «Jahonoro» dance groups. It is also performed by the ethnographic music group «Ganjina» and is also part of the regional theaters' repertoire.



